



# EVERY ADULT A LIFELINE: EMPOWERING STAFF WITH YOUTH MENTAL HEALTH FIRST AID

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PERMIACARE



# LOCAL CONTEXT



- ECISD Population: 33,401 Students
- Ethnic Distribution:
  - 80.3% Hispanic
  - 13.4% White
  - 3.5% African American
- 72.2% Economically Disadvantaged
- 26.7% EB/ESL
- 63.3% At Risk
- 1,460 Homeless Students
- 61 Students in Foster Care

*Source: 2023-2024 TAPR*



- ECISD operates over approximately 902–906 square miles across central Ector County, making it one of the largest Texas districts by land area.
- Around 170,000 residents live in Ector County
- Primary Industry: Oil & Gas
- Limited access to mental health resources
- 453 Youth Crisis Calls made to Permiacare in Ector County from September 1, 2024- August 5, 2025





# YOUTH MENTAL HEATH FIRST AID

November 4, 2024

1,486 ECISD Instructional Staff Trained in YMHFA



- Identify staff to train
  - 11/4/24 was focused on teachers
  - District expectation that all counselors, social workers, and nurses are ALL trained by the end of each school year
- Determine funding
- Identify where to train staff (57 classrooms needed)
- Assign training locations based on capacity
- Communicate with all stakeholders
  - Campus hosts
  - Operations/Custodial
  - Technology
  - Attendees
  - Day-of support team
- After-Action Review
  - What went well?
  - What could be refined?
  - What feedback was received?
- Next steps
  - Train all ECISD Police Officers (Completed on 5/23/25)
  - Train campus leadership
  - Makeup Sessions and new staff

- Identify how much funding PermiaCare could utilize from federal and state
- Identify and connect with local organizations/businesses for additional funding
  - Funding for materials
  - Funding for the hotel, flights, and stipends for external contractors
  - Funding for lunch for the instructors day of the event
- Outreach to other LMHA, independent instructors, and national instructors - Met with all candidates
  - All of Texas
  - Missouri
  - Maryland
  - Washington DC
  - Florida
  - New York
  - New Jersey
  - Tennessee
  - Oregon
  - Illinois
  - Alanta
  - Michigan
- Assign instructors to rooms and National Council Connect website
- Travel logistics
- Point of contact within each school and overall
- Met with the schools
- Ensure enough materials and deliver materials early
- Day-of-support team
- Follow up with participants after training



# LESSONS LEARNED

## Quality vs Quantity

Identify points of contact for all areas of support

Buy in from administrators

Local support is vital

Make every dollar count

Identify groups that need to be trained, then work to prioritize based on role.

Plan for adequate tech support



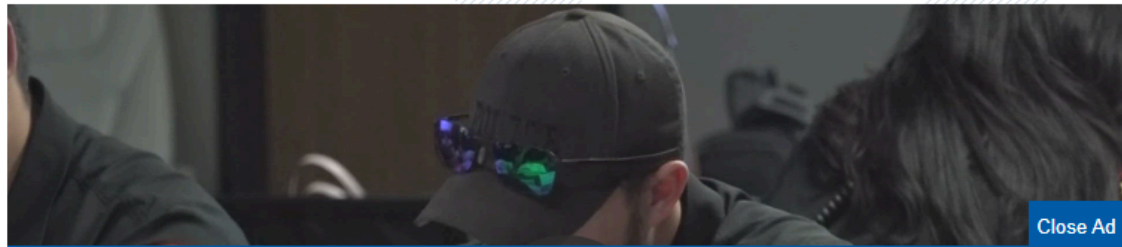


# SPREAD THE WORD

AS SEEN ON TV

## From patrol to prevention: ECISD officers trained to spot student mental health warning signs

ECISD trains school officers in Youth Mental Health First Aid, equipping them to spot signs of distress and connect students with life-changing support.



## ECISD teachers trained in Youth Mental Health First Aid



## ECISD hosts huge Youth Mental Health First Aid training

By [Odessa American](#) · November 4, 2024

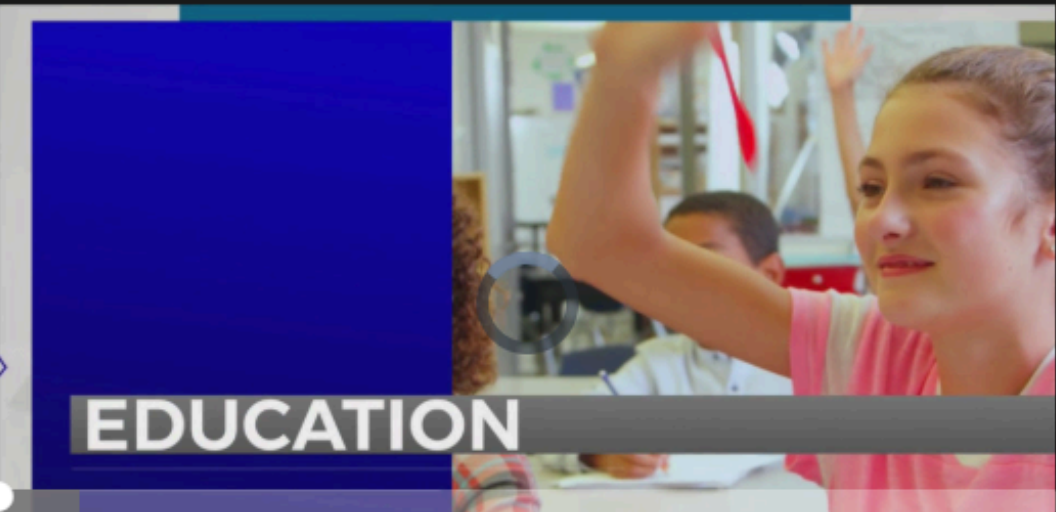


Youth Mental Health First Aid instructors gather for a group photo at the MCM Elegante Sunday. They provided training Monday to about 1,800 educators at Odessa High School. The training came from Australia and so there is a koala bear with the group. (Courtesy Photo)

NEWS

## ECISD holds teacher training event to better help students struggling with mental health

by: [Gabriella Meza](#)  
Posted: Nov 4, 2024 / 05:36 PM CST  
Updated: Nov 4, 2024 / 06:35 PM CST




0:00 / 1:17





# THANK YOU FOR YOUR ATTENTION

Remember, prioritizing mental health is a step toward a happier and healthier future.

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