An aerial photograph of a city skyline at dusk or dawn. The sky is a mix of blue and orange, with scattered clouds. In the foreground, a large body of water reflects the sky and the buildings. The city features a mix of modern high-rise buildings and older, lower-rise structures. A bridge is visible on the left side of the image, crossing a river or bay. The overall scene is vibrant and captures the essence of a bustling urban environment.

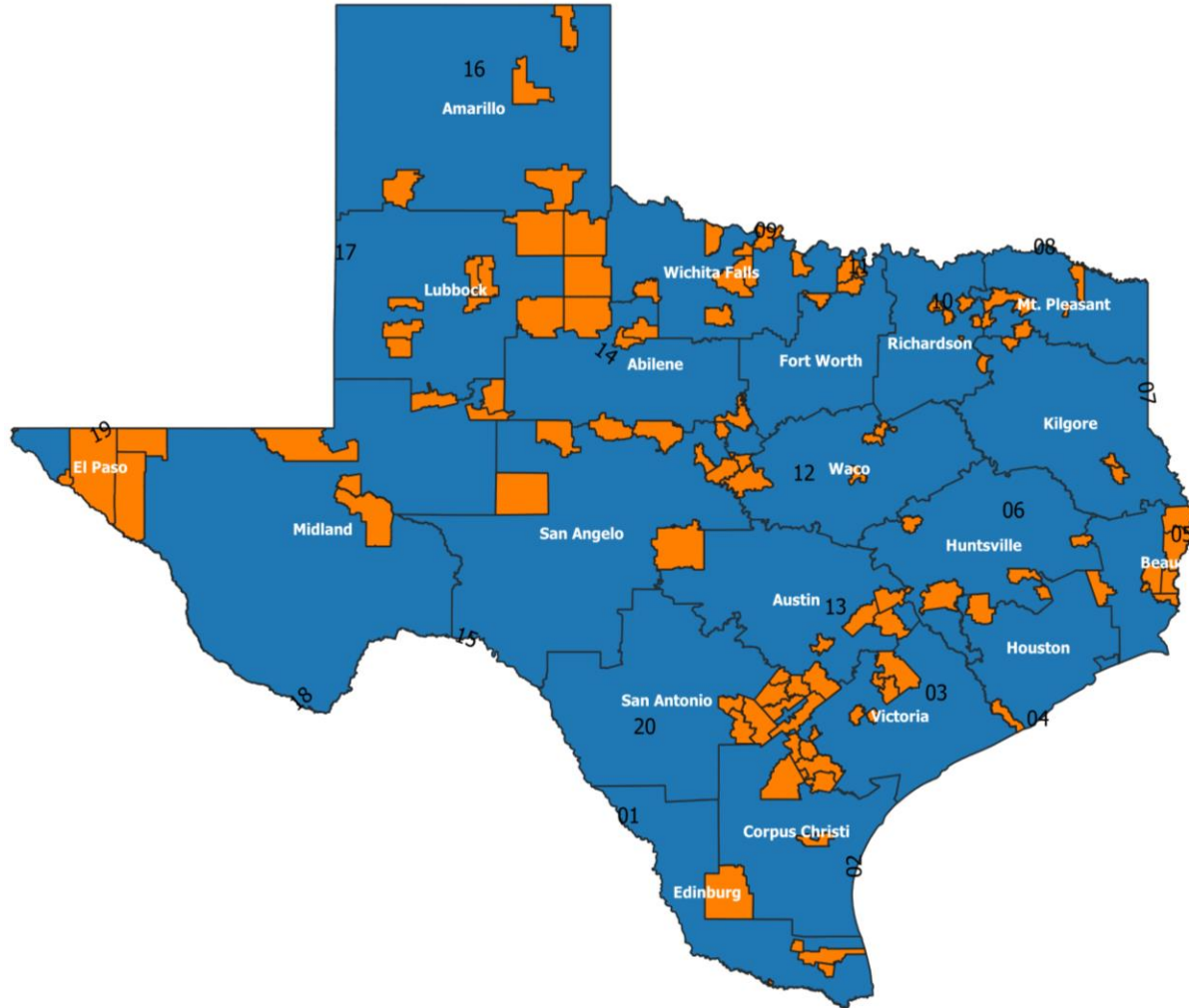
# 2022 Title IV Part A Small & Rural Capacity Grant Progress Report

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# About Small & Rural Grants through Title IV Part A

- Intended to foster collaboration and reduce barriers in small and rural districts that lack capacity
- Each region is responsible to partner with 5 or more LEAs to assess, build, and improve their mental/behavioral health system
- Grant funds are provided to each of the 20 Education Service Centers to support small and rural districts with the delivery of:
  - Training
  - Coaching
  - Technical assistance
- The Title IV A Grant's focus on mental/behavioral health for small and rural LEAs has three overarching goals:
  1. Provide all students access to a well-rounded education
  2. Improve academic outcomes by supporting safe and healthy students
  3. Improve the use of technology to advance student academic achievement (I.e. TCHATT)

# Data Highlights-Key activities accomplished by ESCs



114

Total Number of LEAs Served

Local Education Agencies (LEAs) Served as of 2022 by ESC Region

# Data Highlights-Key activities accomplished by ESCs from Feb. 2021 – Feb. 2022



137

Total number of campuses that conducted school climate surveys



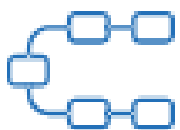
92

Total number of SHAPE assessments



89

Total number of needs assessments

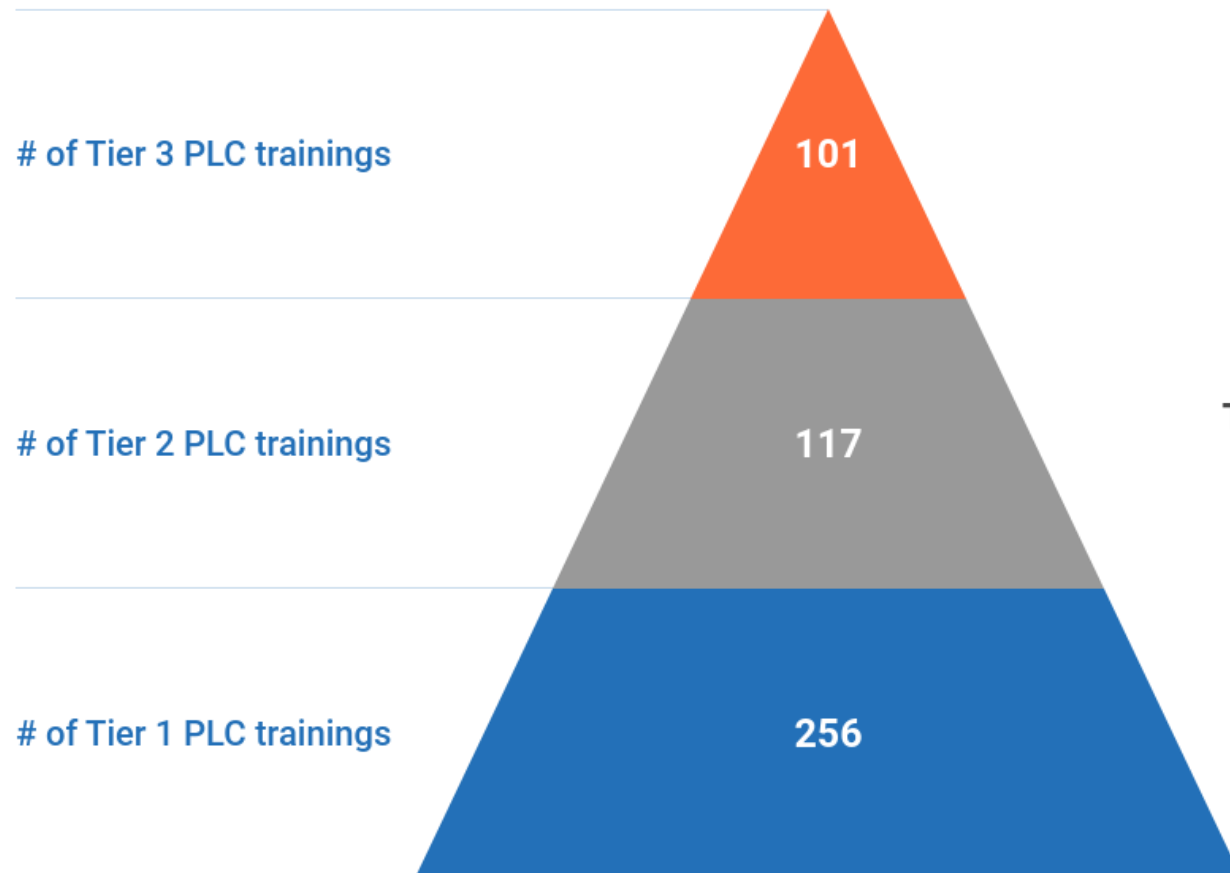


64

Total number of updated or completed campus service delivery plans

# Data Highlights-Key activities accomplished by ESCs from Feb. 2021 – Feb. 2022

**Total Number of PLC trainings: 418**



**150** 

Total number of PLC trainings on staff mental health & wellness

Note: Professional Learning Community (PLC)





# Data Highlights-Key activities accomplished by ESCs during Grant

Since the start of the Title IV Part A Small & Rural Capacity Building Grant

550

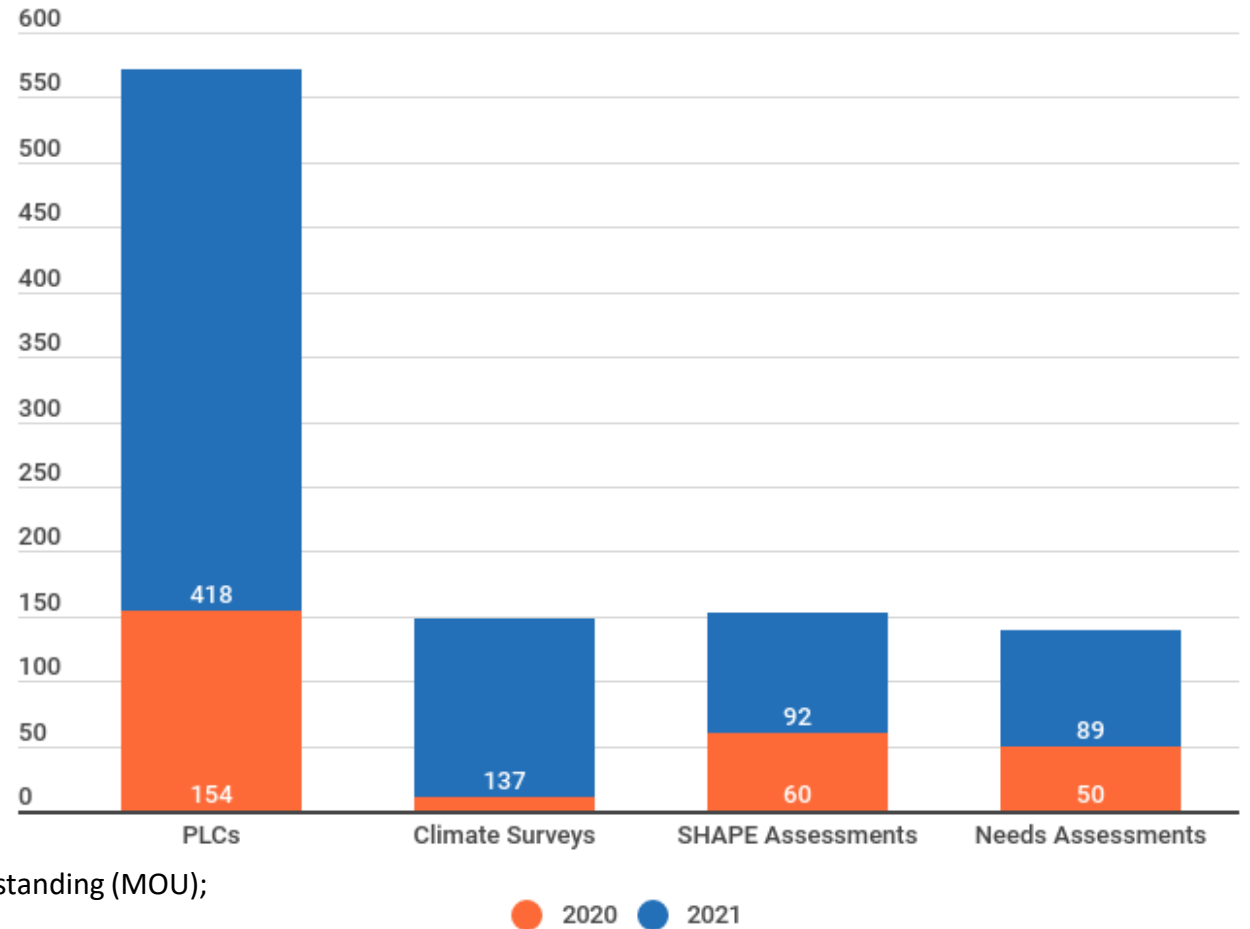
new mental health resources

118

campuses serviced by TCHATT

85

MOUs/MOAs signed



Note: Texas Child Health Access Through Telemedicine (TCHATT); Memorandum of Understanding (MOU); Memorandum of Agreement (MOA)



## Challenges

- Time
- Turnover & staffing within LEAs
- Teacher/Staff wellness
- Culture & stigma around mental health
- Distance from resources



## Professional development opportunities

- Collaboration between ESCs/LEAs to share ideas & resources
- Using mental health resource database
- Managing staff mental health challenges to increase engagement and decrease stigma around mental health
- Asynchronous on demand trainings
- More Training of the Trainer (TOT) opportunities

Please share any highlights, stories, or celebrations from the LEAs or campuses receiving support from the Title IV Part A funds in your ESC region.

"One LEA has had a dramatic increase in staff buy-in to SEL curriculum to try and help students and staff practice self-care, become more trauma-informed, and improve campus climate and culture."

"The support districts received created a ripple effect which positively influenced the mental and behavior health of students."

"Schools see where they were before implementing small changes and the growth that can occur in even one year."

"We have built, and are continuing to build on, a sense of connectedness with our LEA leaders and their staff. The rapport has grown."

"These schools have been able to provide a preventative and individualized support to students and identify issues they otherwise might not have even been aware existed..."