

Resources

Behavior and Mental Health Free Screening Measures

- Compendium of Screening Tools for Early Identification of Needs: <https://schoolmentalhealthtx.org/wp-content/uploads/2021/09/School-basedScreeningToolCompilationTool.pdf>
- Systematic Screening Tools: Universal Behavior Screeners (free access where noted): <https://www.pbis.org/resource/systematic-screening-tools-universal-behavior-screeners>
- National Center on Intensive Interventions tools charts: <https://intensiveintervention.org/tools-charts/overview>

Related TIER Resources

- Online, self-paced courses:
 - Positive Behavioral Interventions and Supports: <https://register.tealearn.com/browse/tea/network/courses/positive-behavioral-interventions-and-supports>
 - Partnering With Families Within PBIS: <https://register.tealearn.com/browse/tea/network/courses/partnering-with-families-within-pbis-24-25>
 - All MTSS-related courses: <https://register.tealearn.com/?query=mtss>
- Face-to-face training (contact certified trainers in your region): <http://sped.support/mtss-trainers>

Community Resources

- National Culturally and Linguistically Appropriate Services Standards: <https://thinkculturalhealth.hhs.gov/clas/standards>
- Mental health and substance use services: <https://hhs.texas.gov/services/mental-health-substance-use>
- Guidance for medical professionals: <https://tcmhcc.utsystem.edu>
- Crisis Text Line (text “HOME” to 741741): www.crisistextline.org
- Assistive technology for people with disabilities: <https://disabilitystudies.utexas.edu/ttap>
- Statewide directory on disability services: <https://dcr.tamu.edu>
- Assistance locating and exploring mental health options (call 211): www.211.org/get-help/mental-health
- National Suicide Prevention Lifeline (dial 800-273-8255 [800-273-TALK]): <https://suicidepreventionlifeline.org>

Resources for Texas Educators

- Texas Child Health Access Through Telemedicine: <https://tcmhcc.utsystem.edu/tchat>
- Texas School Mental Health (<https://schoolmentalhealthtx.org>):
 - Texas School Mental Health Framework: https://schoolmentalhealthtx.org/wp-content/uploads/2021/10/SMH_Graphic.pdf
 - School Mental Health Practice Guide and Toolkit: <https://schoolmentalhealthtx.org/wp-content/uploads/2021/10/TEA-Narrative.pdf>
 - Best Practices: <https://schoolmentalhealthtx.org/best-practices>
 - Multi-Tiered System of Supports: <https://schoolmentalhealthtx.org/multi-tiered-system-of-supports>
 - Toolkit: <https://schoolmentalhealthtx.org/school-mental-health-toolkit>
- Safe and Supportive School Program Guidance: <https://tea.texas.gov/sites/default/files/sssp-guidance-building-positive-school-climate.pdf>
- Positive Character Traits Education: <https://tea.texas.gov/academics/learning-support-and-programs/positive-character-traits-education>
- Texas Essential Knowledge and Skills for Positive Character Traits and Personal Skills: <https://tea.texas.gov/sites/default/files/ch120a.pdf>
- Project Restore: www.texasprojectrestore.org

Mental Health Needs Assessments

- Needs Assessment Overview Planning Tool: <https://schoolmentalhealthtx.org/wp-content/uploads/2021/06/TexasNeedsAssessmentOverviewPlanning.pdf>
- Needs Assessment Interview Questions – SAMPLE: <https://schoolmentalhealthtx.org/wp-content/uploads/2021/06/TexasNeedsAssessmentInterviewQuestions.pdf>
- School Health Assessment and Performance Evaluation System: www.schoolmentalhealth.org/The-SHAPE-System
- Wisconsin School Mental Health Needs Assessment: <https://dpi.wi.gov/sites/default/files/imce/sspw/pdf/mhneedsassessmentfill.pdf>