

# Project A.W.A.R.E.

2023-2024

Project A.W.A.R.E (Advancing Wellness and Resiliency in Education) Texas aims to strengthen community and school-based supports for the mental health, wellness, and resiliency of students. Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), AWARE Texas is a collaboration between the Texas Education Agency, Texas Health and Human Services Commission, the Texas Institute for Excellence in Mental Health, Education Service Center 13, and three Texas local education agencies.

## GOAL ONE

Increase and improve access to culturally and developmentally appropriate school- and community-based mental health services.

**3**  
School districts



San Marcos CISD



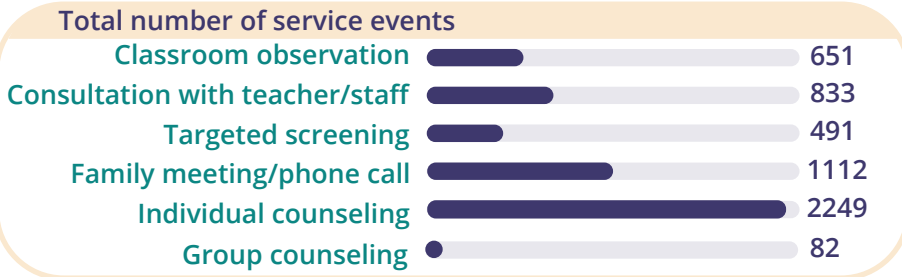
Manor ISD



Elgin ISD



**9**  
Schools



**244**  
Students referred



**83%**  
Students served

## GOAL TWO

Increase awareness and identification of mental health issues among all adults working with young people and promote positive mental health for students, families, school staff, and the community.

**68%**

of respondents self-reported an improvement in knowledge, attitudes, and beliefs post-training.



**2556**  
School Staff Trained

Number of individuals Trained

TEA Mental Health Webinars **694**

AS+K About Suicide to Save a Life **231**

Suicide in Schools Model **363**

## GOAL THREE

Help students develop skills that will promote resilience, self-regulation and pro-social behaviors; avert development of mental and behavioral health disorders; and prevent youth violence.

**11,629**

Number of students impacted by Tier 1 activities



## GOAL FOUR

Develop infrastructure and capacity to sustain access to mental health promotion and evidence-based practices for school and community-based services.

**10**  
Policy Changes

All AWARE districts implemented district-wide protocols to support students experiencing mental health crises.

**16**  
MOUs Signed

All AWARE districts have MOUs with their LMHAs and utilize their services to support student mental health and well-being.