



# **2024 Title IV Part A Small & Rural Capacity Grant Progress Report**

TEA Mental and Behavioral Health Team  
Supportive Schools Division

Intended to **foster collaboration** and **reduce barriers** in small and rural districts that lack capacity.

Each region is responsible to partner with 5 or more LEAs to **assess, build, and improve their mental/behavioral health system.**

Grant funds are provided to each of the 20 Education Service Centers to support small and rural districts with the delivery of:

- Training
- Coaching
- Technical assistance

The Title IV Part A Grant's focus on mental/behavioral health for small and rural LEAs has three overarching goals:

1. Provide all students access to a well-rounded education
2. Improve academic outcomes by supporting safe and healthy students
3. Improve the use of technology to advance student academic achievement (I.e. TCHATT)



**151**

**Total # of LEAs Supported**

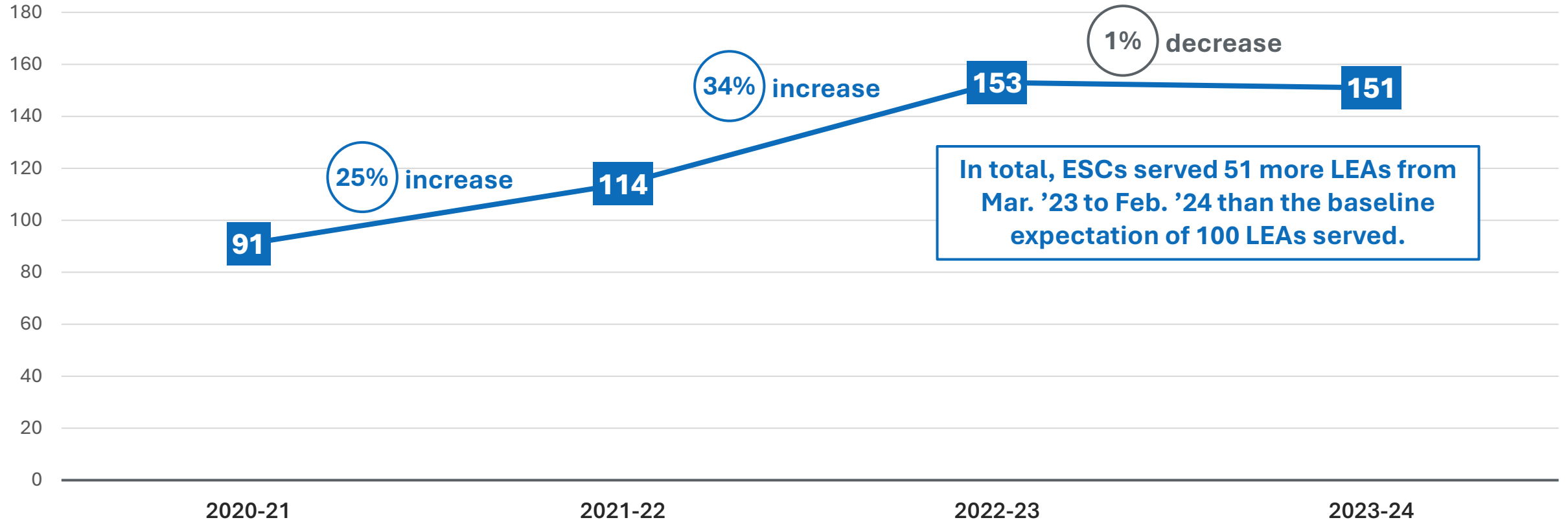


**230**

**Total # of Campuses Supported**

# Data Highlights- Number of LEAs Served contd.

Over the last 4 years, ESCs have served on average, 27% more LEAs than the baseline expectation of 100 LEAs served.



# Data Highlights-Key activities accomplished by ESCs from March 2023 – February 2024



**392**  
New Resources Identified



**99**  
Active LEA MOUs/MOAs with community partners



**72**  
Completed Needs Assessments



**76**  
Campuses Completed School Climate Surveys



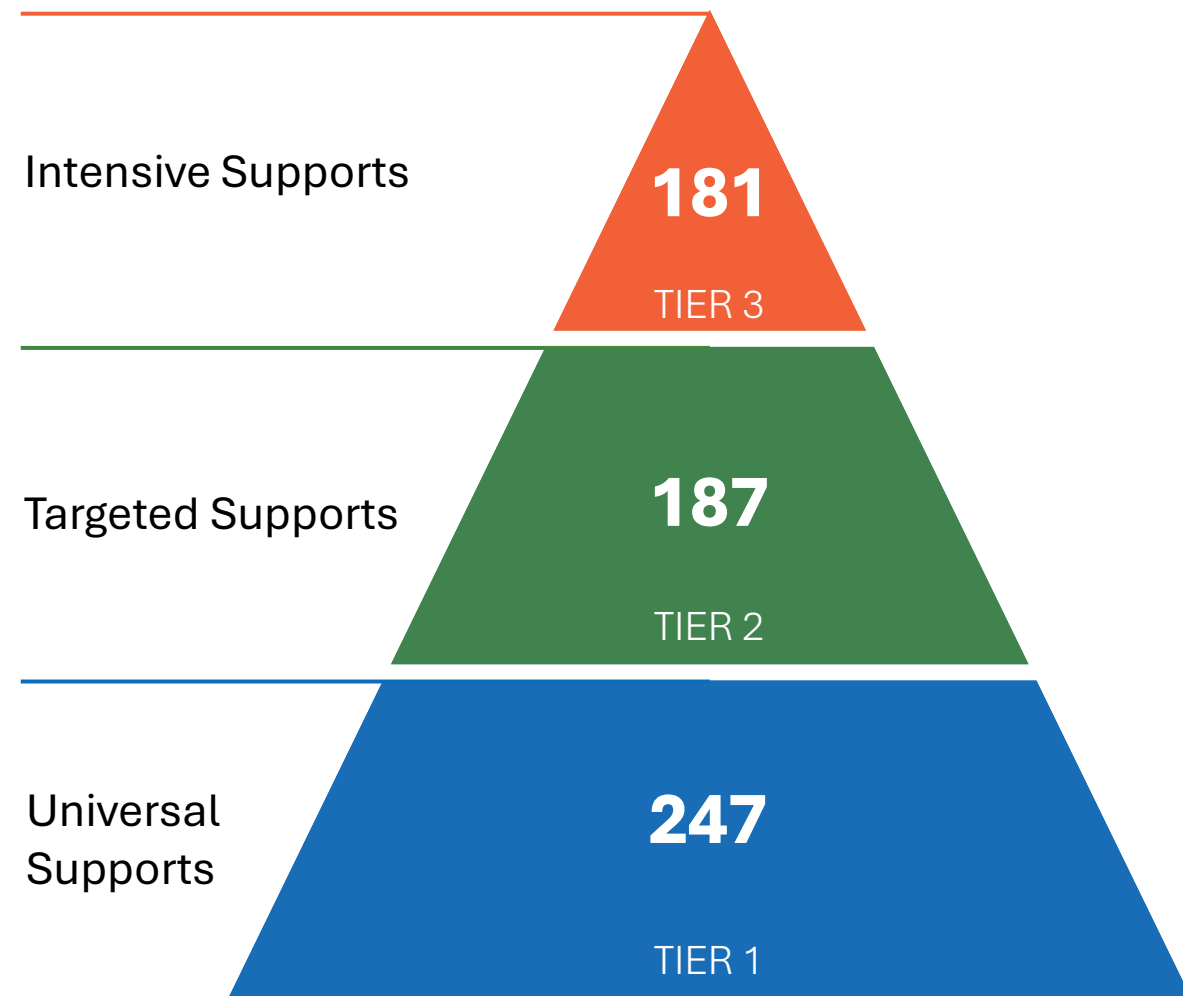
**66**  
Completed SHAPE Assessments



**73**  
New or Updated Comprehensive Service Delivery Plans

# Data Highlights-Key activities accomplished by ESCs from March 2023 – February 2024

## # of PLC Trainings on



# 401

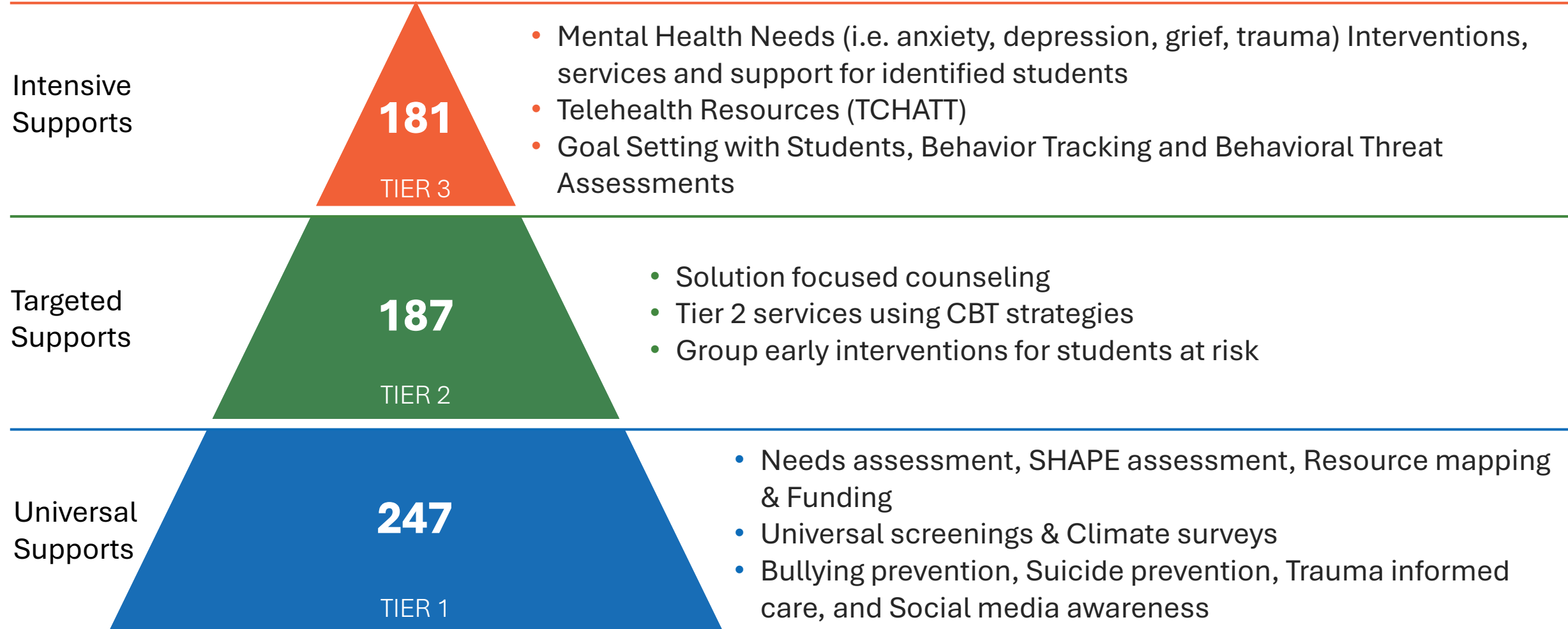
**Total Number of PLC Trainings**

# 108

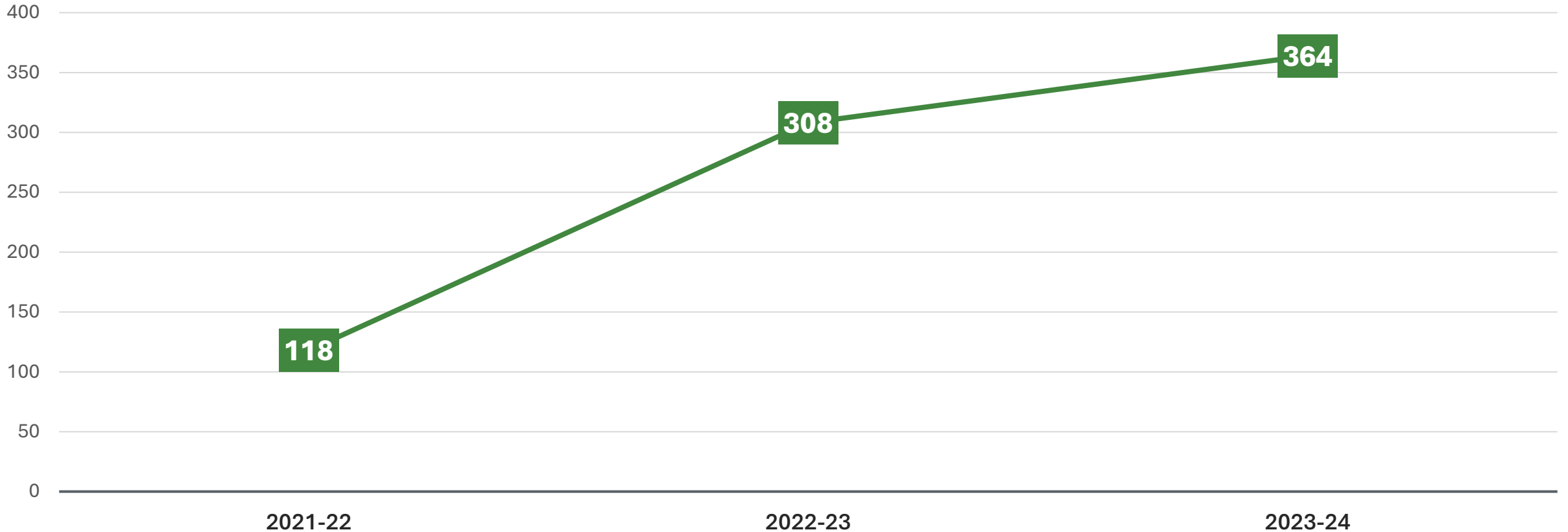
**Total Number of PLC Trainings on Staff Mental Health and Wellness**

# More on PLC Topics Covered

## # of PLC Trainings on



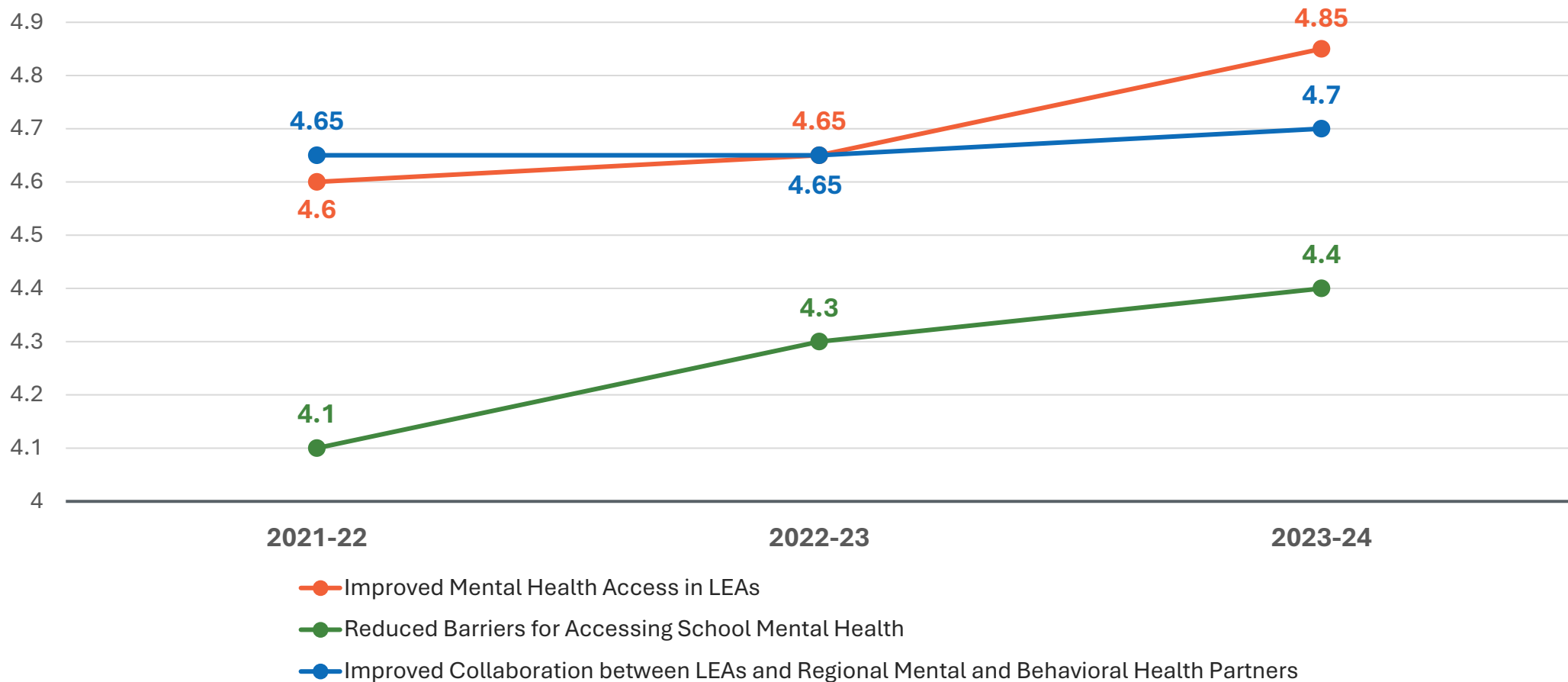
## TCHATT MOUs increased by more than 3 times since the '21-'22 data collection period.





# ESC Perceptions on LEA School Mental Health Implementation

ESC's have indicated increases in improving **access**, **collaboration**, and **reducing barriers** over the last 3 years.

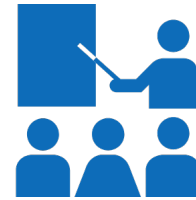


Note: Likert Scale Response Categories: 1 = Strongly Disagree to 5 = Strongly Agree



## Challenges

- Limited Time
- Limited Funding
- Staffing Shortages & High Turnover within LEAs
- High Demand for Mental Health Services
- Economic Reality of Student's and their Families



## Professional Development Opportunities

- Training of Trainers (TOT) opportunities
- Resources to build knowledge of non-mental health staff members
- Training resources for specific topics
- Resources for Planning and Implementation Post SHAPE Assessment

**1**

**Tiered Interventions**

**2**

**Improving School Climate &  
Culture**

**3**

**Process & Plans Post SHAPE  
Assessments**

# Highlights

Please share any highlights, stories, or celebrations from the LEAs or campuses receiving support from the Title IV Part A funds in your ESC region.



"Our Mental Health Consultants, have been more than helpful in providing our school district with tools and activities to use for our students. Some of my favorites are the sand tray, the CBT Toolbox for Children and Adolescents workbook, and the Ugame board game."

-LEA Staff

"Our training addressing Crisis Intervention was a huge success... We spent the day learning the best practice protocols of how to handle various crises, laws surrounding developing district plans, best practices, and then we used funds to help the LEAs build a mobile crisis kit."

-ESC Staff

"We are always checking on everyone else. It's nice someone is checking on us."

-LEA Staff

"I have seen small and rural counselors grow in networking with one another and feel more confident and supported in their roles. Our PLC is one that they look forward to attending. The group allows them to be in a safe supportive circle and ask questions."

-ESC Staff

"This spring I purchased materials and have been distributing "Staff Wellness Kits" to all LEA staff (including bus drivers, maintenance, food service and front office staff) on each of the smaller LEAs."

-ESC Staff



# Q & A