



Welcome
to PAX!



PAX = Peace • Productivity • Health • Happiness



What is the PAX Good Behavior Game?

PAX GBG utilizes Evidence-based Kernels to teach **self-regulation** and **positive behavior** as a skill set.

Teachers implement the *evidence-based* **PAX Good Behavior Game** through typical classroom procedures.

PAX GBG creates **Nurturing Environments** which

- ❖ Increase academic performance.
- ❖ Improve behavioral outcomes.
- ❖ Improve lifetime outcomes.



What is the PAX Good Behavior Game?

Classrooms using **The PAX Good Behavior Game**

- ❖ **increase** regulation and pro-social behavior and
- ❖ **decrease** problematic behavior and psychiatric symptoms.

These effects produce:

- ❖ Approximately one additional hour of **learning time** each day.
- ❖ Approximately a 75% reduction in **problematic behaviors**.
- ❖ A significant increase in **standardized test scores**.
- ❖ A significant reduction in **teacher stress and burnout**.

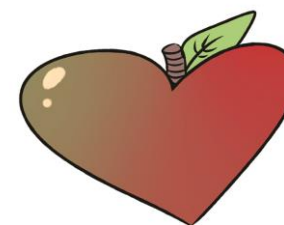


What is the PAX Good Behavior Game?

PAX Good Behavior Game integrates with and operationalizes common initiatives including

- ❖ Positive Behavioral Interventions and Supports (PBIS)
- ❖ Multi-Tiered Systems of Supports (MTSS)
- ❖ Social-Emotional Learning (SEL)
- ❖ Trauma-Informed Care (TIC)

THE FIVE SOCIAL EMOTIONAL CORE COMPETENCIES



PAX is **not something extra** teachers have to do.
It is a way to do **what they already do**.

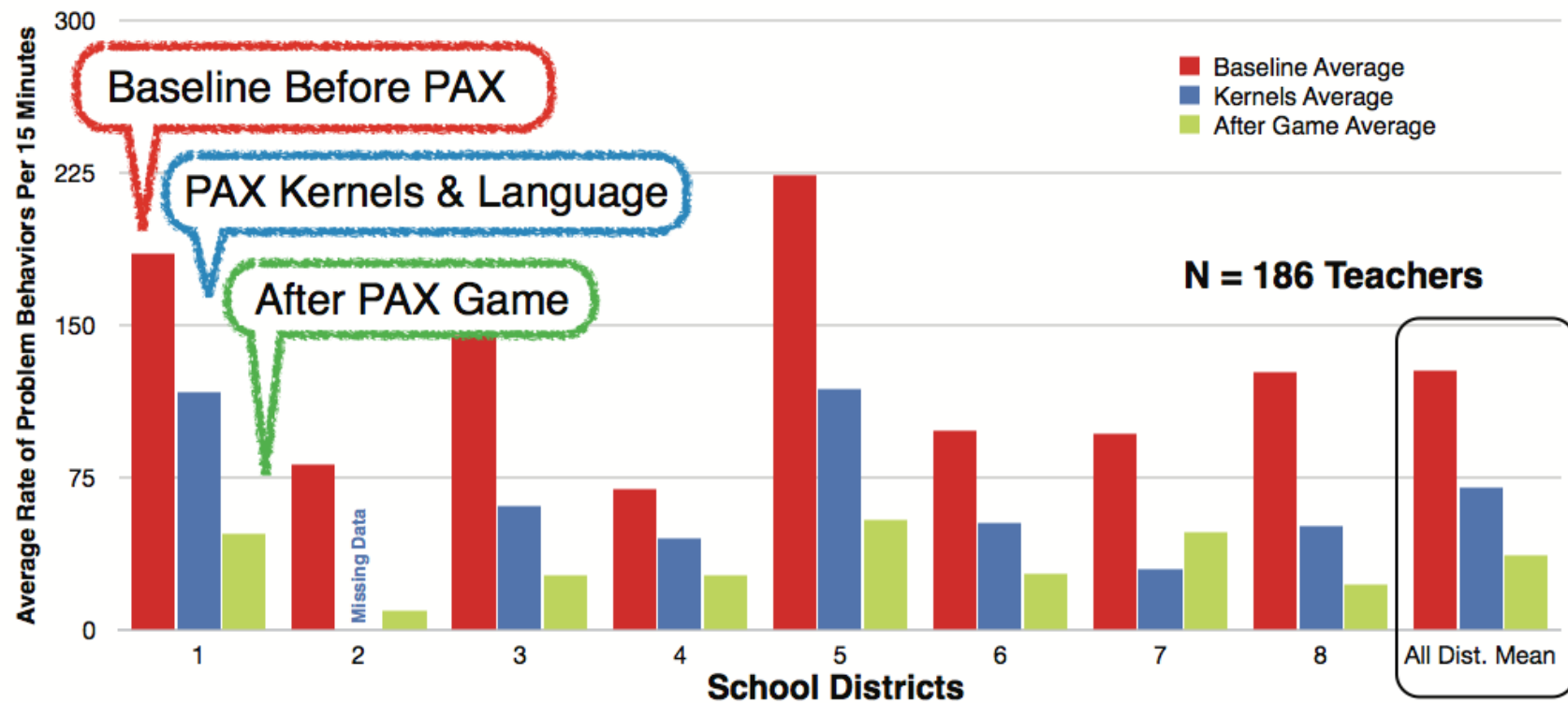
What does PAX do?



PAX Reduces Problematic Behaviors

Disturbing, Disruptive, and Inattentive Behaviors decreased after implementing Kernels and decreased further after implementing the PAX Game.

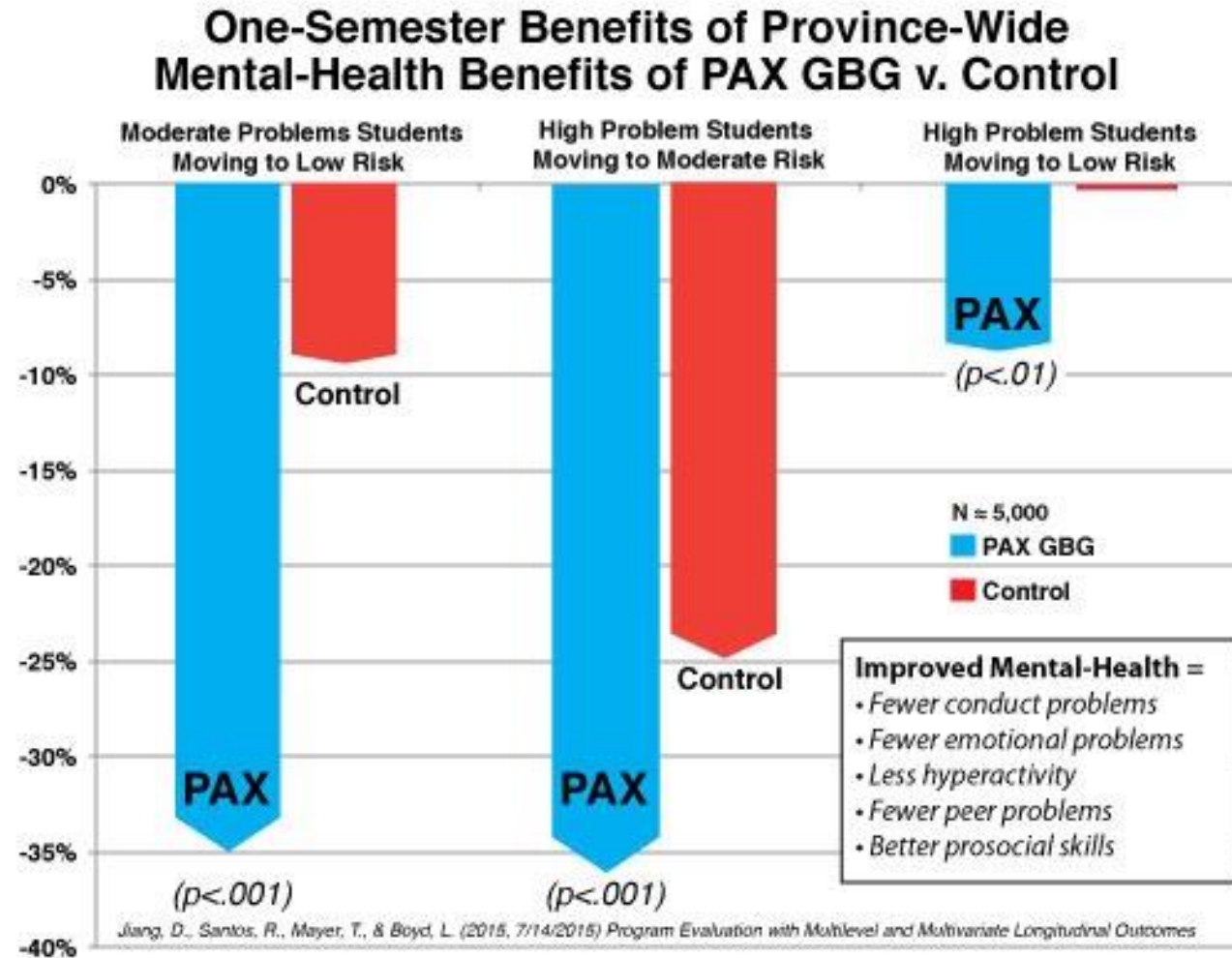
3-Month Impact of PAX in Eight US School Districts on Disturbing, Disruptive, and Inattentive Behaviors Per 15 minutes



What does PAX do?

PAX Improves Student Mental Health

PAX GBG reduced the risk of mental, behavioral, and emotional disorders.

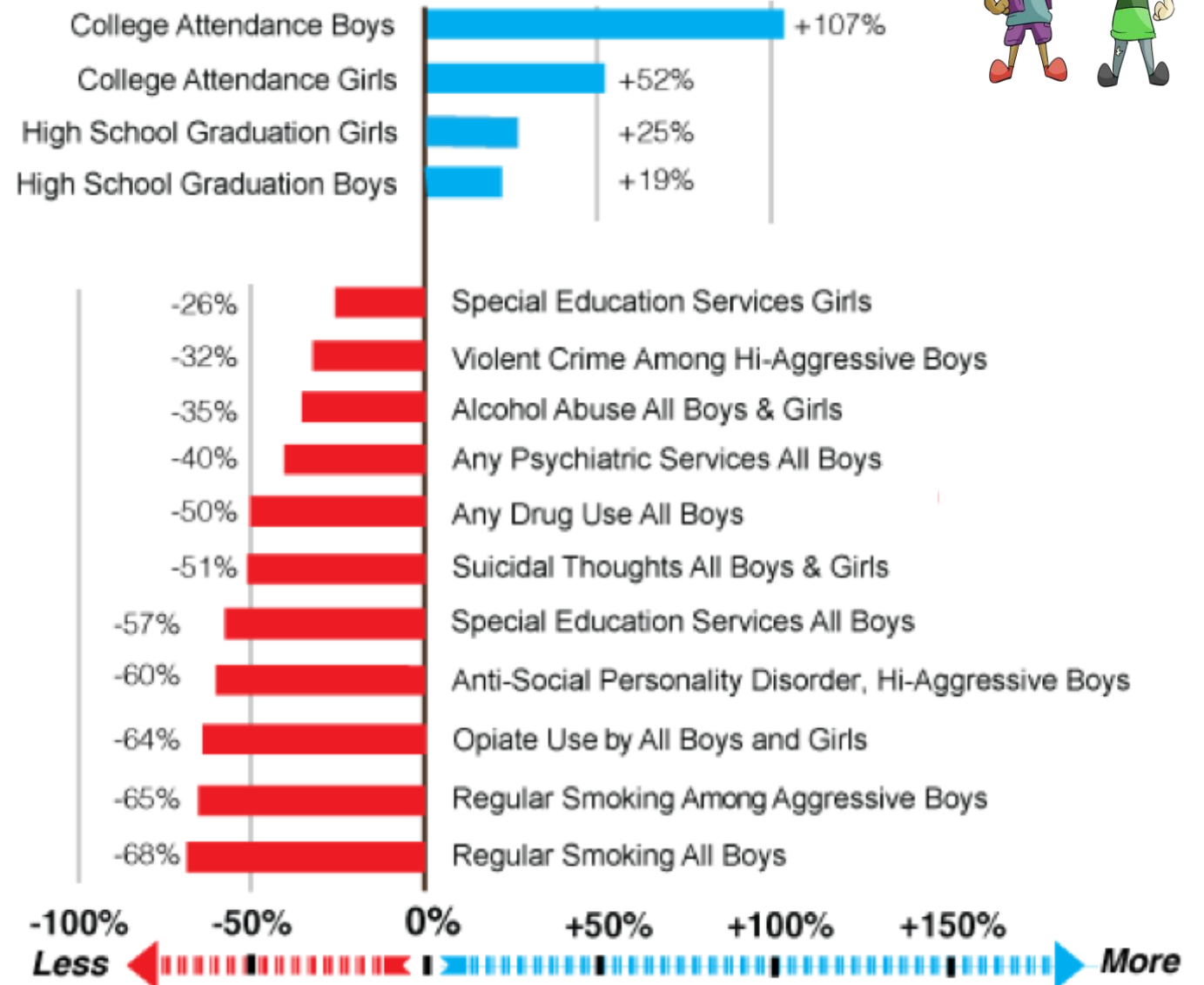


What does PAX do?

PAX Improves Lifetime Outcomes

Longitudinal data from Johns Hopkins studies

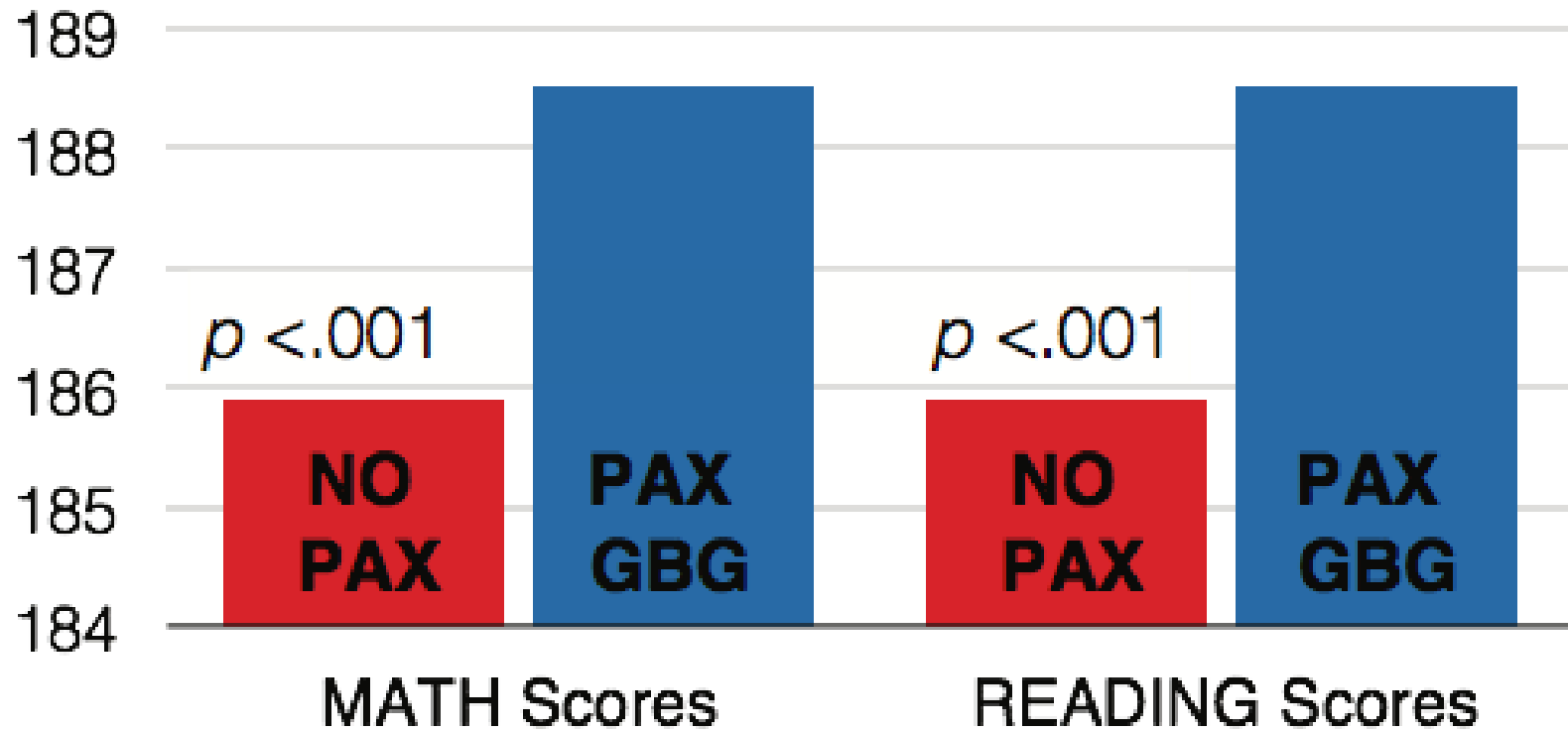
Computation of Relative Difference = (GBG/Control)-1



What does PAX do?

PAX Improves Academic Outcomes

PAX GBG improved standardized reading and math scores – regardless of curricula.



Source: Weis, R., Osborne, K. J., & Dean, E. L. (2015).



What does PAX do?

PAX Improves Teacher Wellbeing

Teachers reported decreased stress after implementing PAX GBG.

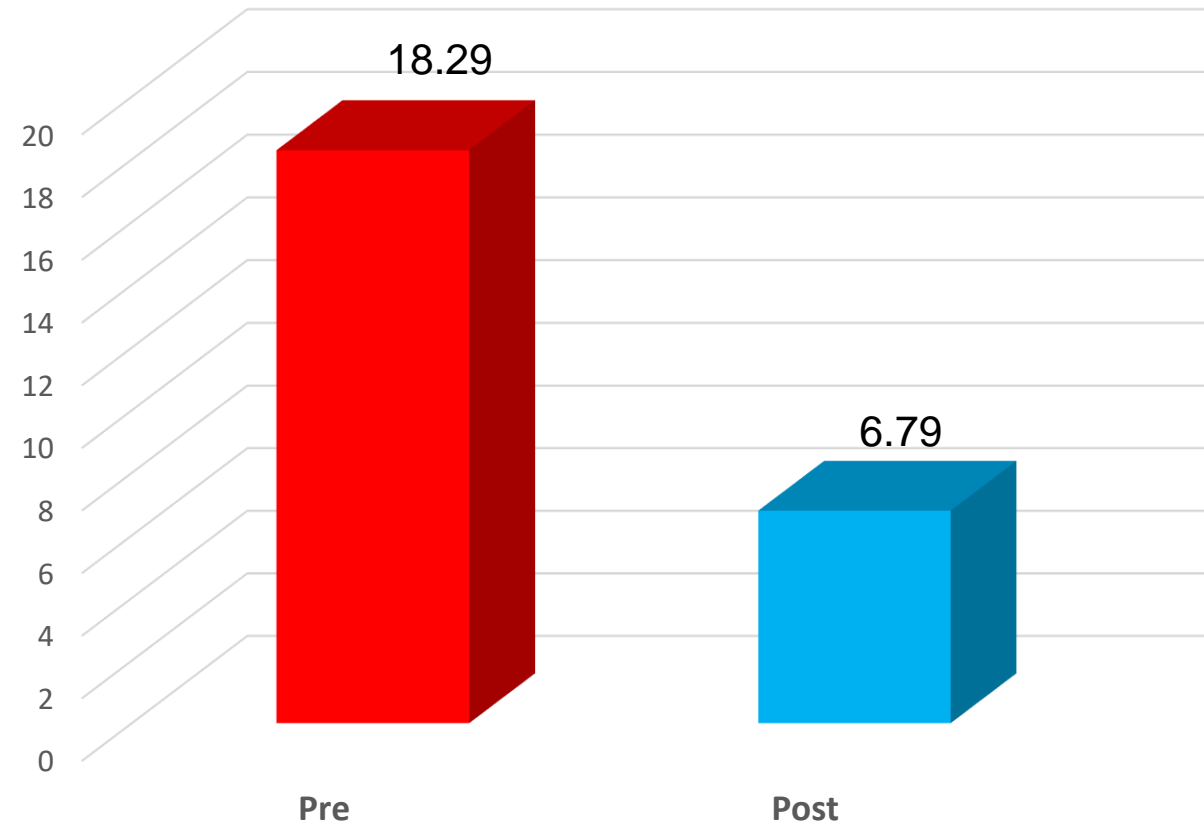


After implementing PAX GBG, teachers reported feeling less

- ❖ agitated
- ❖ intolerant
- ❖ irritable
- ❖ impatient
- ❖ upset
- ❖ nervous



Teacher Stress and Depression Scores



**Impact of PAX after 5 months, $p < .001$

PAX creates a shared approach across systems



Evidence-based Programming for School and Community



pax | Good
Behavior
Game

and

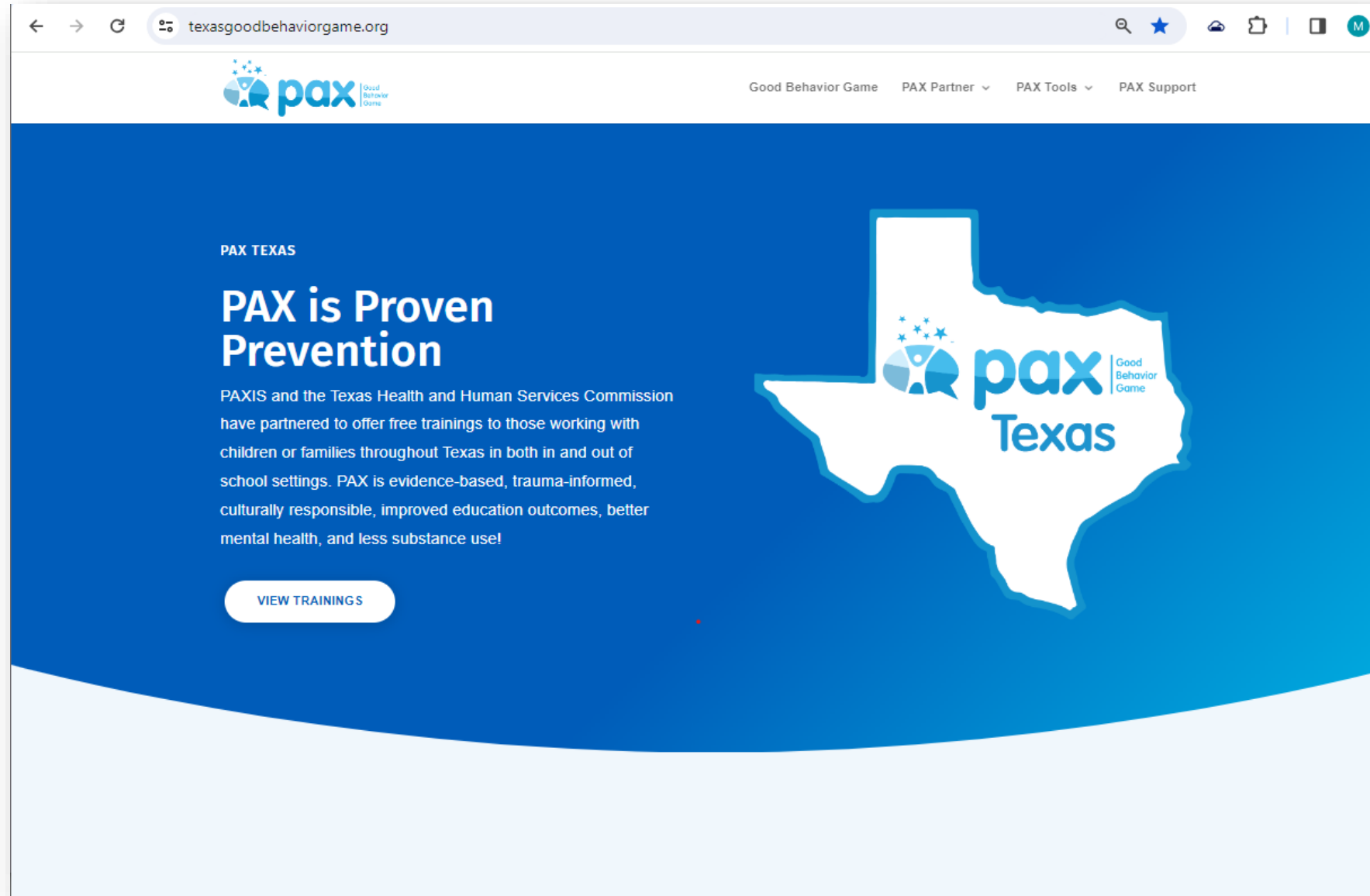


pax tools





Website

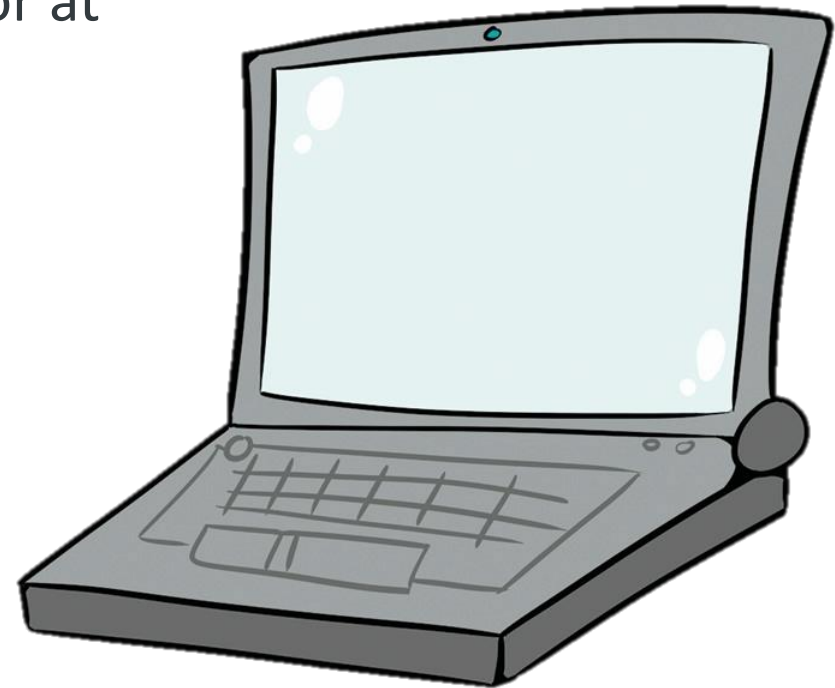


<https://texasgoodbehaviorgame.org>



PAXIS trainings are available virtually!

- ❖ **Zoom** provides for live synchronous training with participants at work or at home.
- ❖ Multiple session options provide *flexibility* for limited professional development time.



THANK YOU!

MaryAnne Hettenhaus

maryanne.hettenhaus@esc13.txed.net

512-919-5355

Janet Peña

janet.pena@esc13.txed.net

512-919-5463



www.texasgoodbehaviorgame.org

Contact us @ paxgbg@esc13.net