

The background of the slide is an aerial photograph of a city skyline, likely Austin, Texas, featuring several tall skyscrapers and a river in the foreground. The sky is a mix of blue and orange, suggesting a sunset or sunrise. A white rectangular box is overlaid on the center of the image, containing the title and subtitle text.

# 2023 Title IV Part A Small & Rural Capacity Grant Progress Report

TEA Mental and Behavioral Health Team  
Supportive Schools Division

# About ESC Mental & Behavioral Health Capacity Building Small & Rural Grants through Title IV Part A

- Intended to foster collaboration and reduce barriers in small and rural districts that lack capacity
- Each region is responsible to partner with 5 or more LEAs to assess, build, and improve their mental/behavioral health system
- Grant funds are provided to each of the 20 Education Service Centers to support small and rural districts with the delivery of:
  - Training
  - Coaching
  - Technical assistance
- The Title IV Part A Grant's focus on mental/behavioral health for small and rural LEAs has three overarching goals:
  1. Provide all students access to a well-rounded education
  2. Improve academic outcomes by supporting safe and healthy students
  3. Improve the use of technology to advance student academic achievement (i.e. TCHATT)

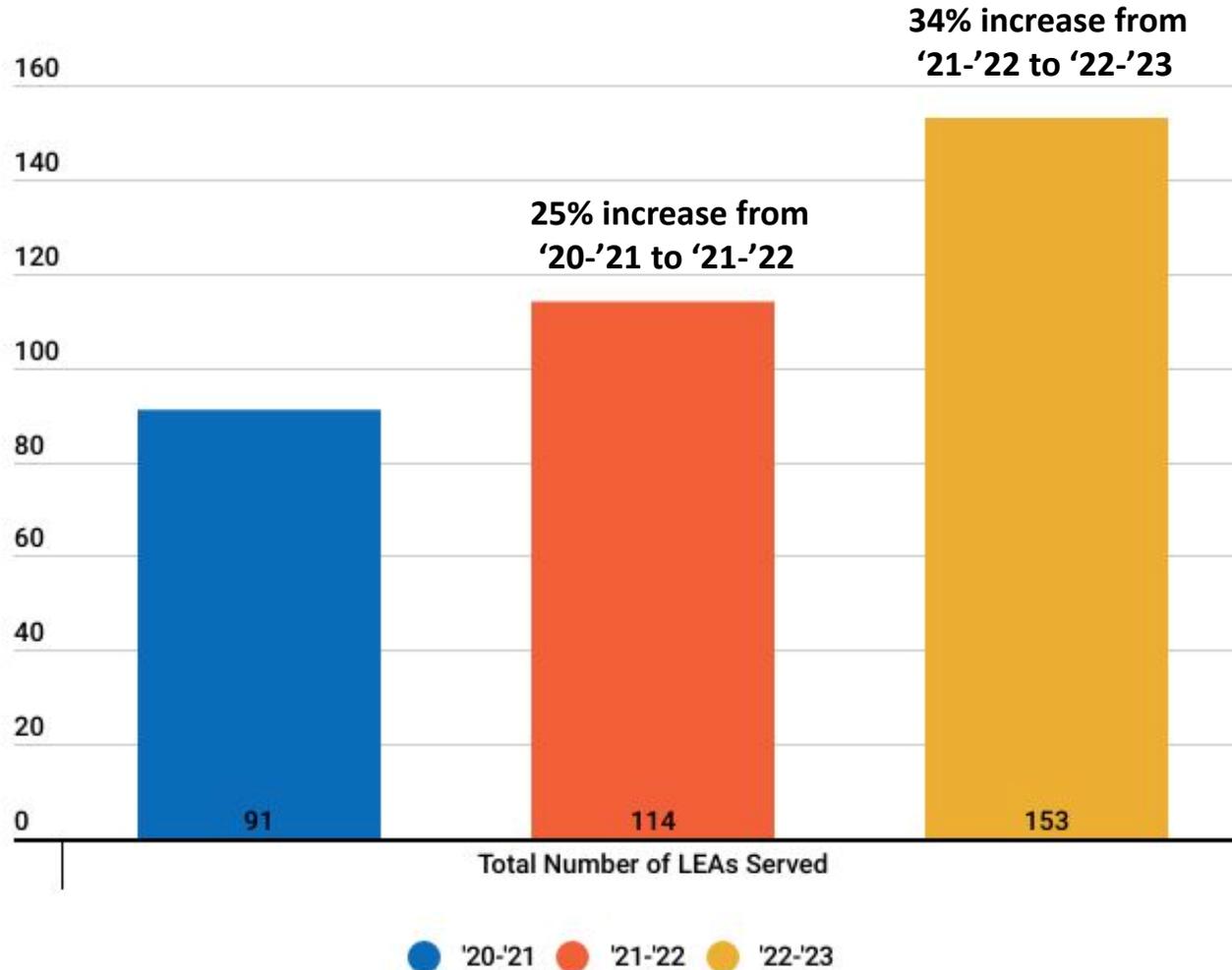
# Data Highlights- Number of LEAs Served from March 2022 to February 2023



**153**

**Total Number of LEAs Served**

# Data Highlights- Number of LEAs Served contd.



In total, ESCs served 53 more LEAs from Mar. '22 to Feb. '23 than the baseline expectation of 100 LEAs served.

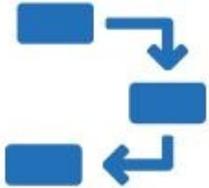
Over the last 3 years, ESCs have served on average, 20% more LEAs than the baseline expectation of 100 LEAs served.

# Data Highlights-Key activities accomplished by ESCs from Mar. 2022 – Feb. 2023



**550**

Total Number of New Resources Identified



**87**

Total Number of Comprehensive Service Delivery Plans Completed or Updated



**83**

Total Number of Campuses that Conducted School Climate Surveys



**86**

Total Number of Completed Needs Assessments



**82**

Total Number of SHAPE Assessments

# Data Highlights-Key activities accomplished by ESCs from Mar. 2022 – Feb. 2023

Total number of PLC trainings: **514**



**160** 

Total number of PLC trainings on staff mental health & wellness

# More on PLC Topics Covered

# of Tier 3 PLC trainings

115

# of Tier 2 PLC trainings

201

# of Tier 1 PLC trainings

320

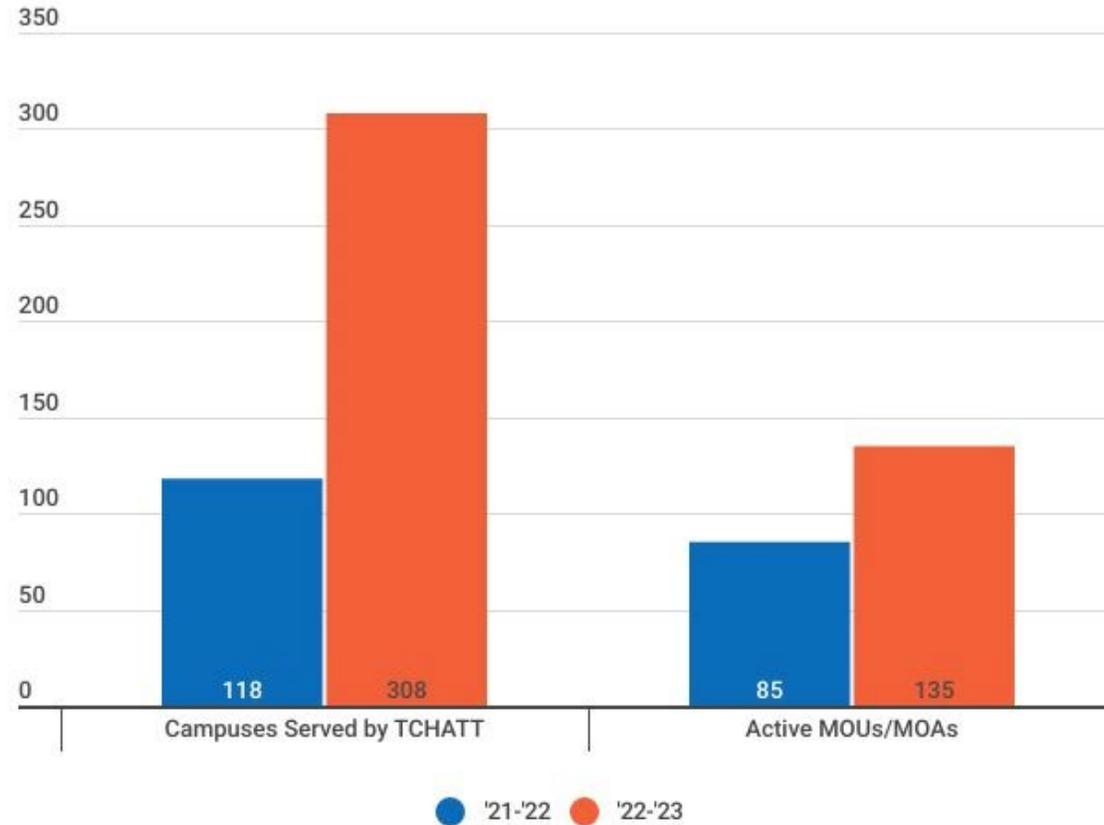
- Mental Health Needs (i.e. anxiety, depression, grief, trauma) Interventions, services and support for identified students
- Telehealth Resources (TCHAT)
- Goal Setting with Students, Behavior Tracking and Behavioral Threat Assessments

- Relation Centered Learning & Restorative Circles
- Parenting Courses
- Group Early Interventions for students at risk

- Needs Assessment, SHAPE Assessment, Resource Mapping & Funding
- Universal Screenings & Climate Surveys
- Bullying Prevention, Suicide Prevention, Trauma Informed Care, and Staff Wellness

# Data Highlights- Key activities accomplished by ESCs over the course of the grant

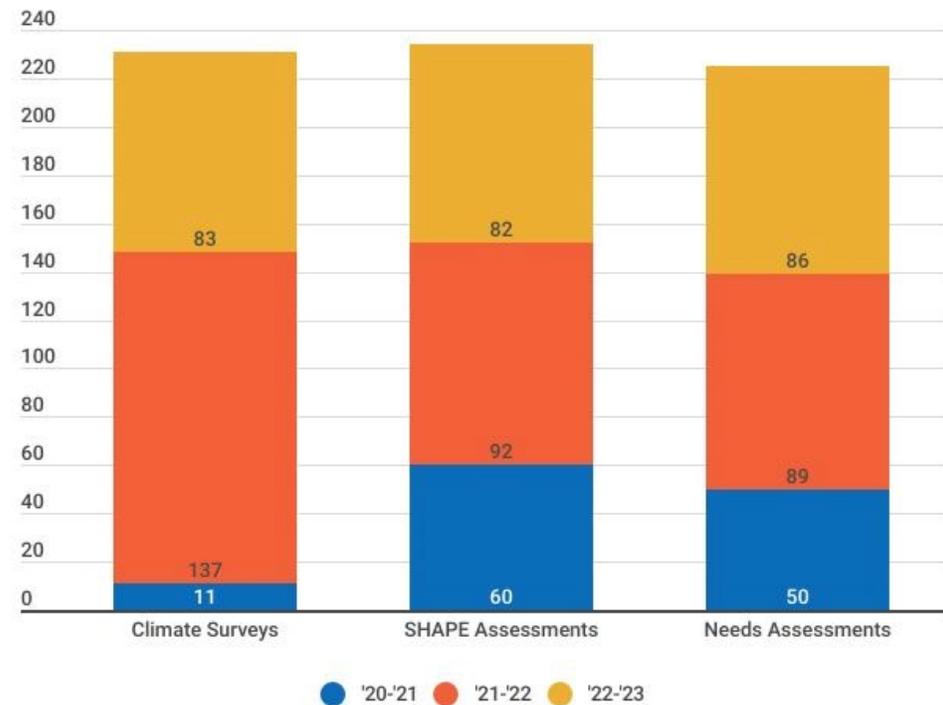
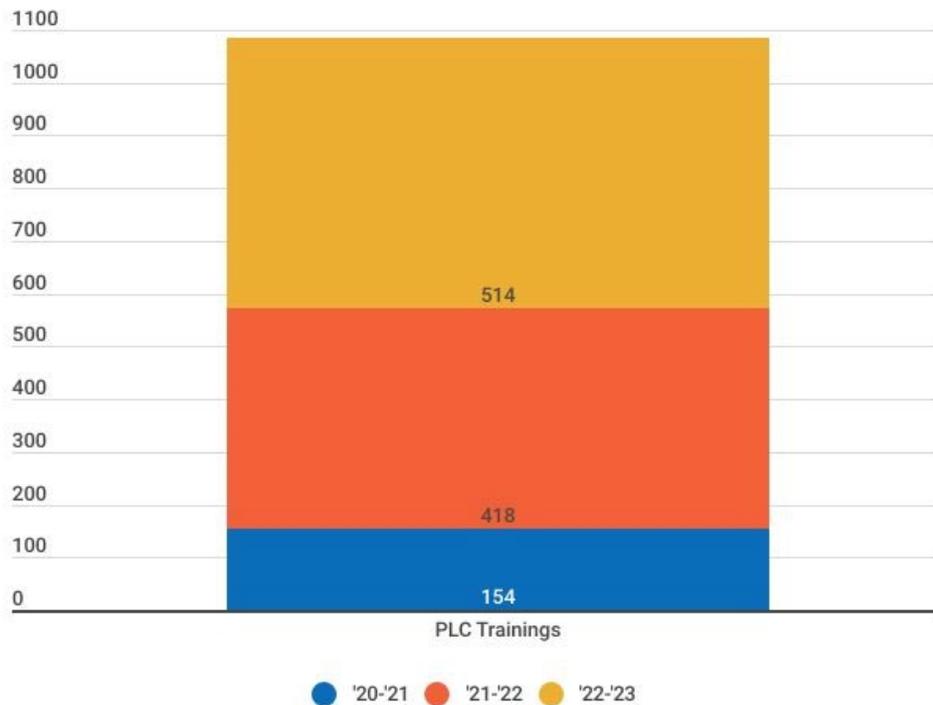
## Since the start of the Title IV Part A Small & Rural Capacity Building Grant



Note: Texas Child Health Access Through Telemedicine (TCHATT); Memorandum of Understanding (MOU); Memorandum of Agreement (MOA)

# Data Highlights- Key activities accomplished by ESCs over the course of the grant contd.

## Since the start of the Title IV Part A Small & Rural Capacity Building Grant



Note: School Health Assessment and Performance Evaluation (SHAPE)



## Challenges

- Limited Time
- Lack of Admin Buy-In
- Staffing Shortages & High Turnover
- High Demand for Mental Health Services
- Economic Reality of Student's and their Families



## Professional development opportunities

- Coaching Academy & Resource Sharing from National Center for School Mental Health
- Training of Trainers (TOT) opportunities
- Resources to build knowledge of non-mental health staff members
- Parent & Family Engagement Strategies Related to School Mental Health
- Resources for Planning and Implementation Post SHAPE Assessment

The team is responsive and supportive.  
Always available to review situations/scenarios and provide input. They have provided professional development, family awareness meetings, and created an opportunity for small district counselors to get together, network, and discuss areas of concern and trends. This has been an incredible experience.

**-LEA Staff**

The team of teachers have really taken on ownership of the meetings and processes we've taught and guided. The new superintendent (also the principal) is now totally on board with the whole process and is just as dedicated as the others.

**-ESC Staff**

# Highlights cont.

During a Mental Health First Aid training, a superintendent told staff that he was skeptical initially, but can now see the value in school mental health and wanting to make it a priority.

**-LEA Staff**

The Mental and Behavioral Health Grant has been a life saver for me and my campus this year. I have learned such valuable information to be able to bring back and implement right then.

**-Campus Staff**

It has really helped with relationship building between our ESC, LMHA, and districts. They feel like they have someone to support them.

**-ESC Staff**

# Reflections

An aerial photograph of Austin, Texas, showing the city skyline with various skyscrapers and buildings. In the foreground, there is a large body of water, likely Lady Bird Lake, with a marina and surrounding greenery. The sky is clear with some light clouds, and the overall scene is bathed in the warm light of late afternoon or early morning.

# Thank You

**Mental & Behavioral Health Team**  
**Supportive Schools Division**