

## Fentanyl Awareness Resources - Curated for Schools

This list includes some available resources that schools can access now to educate faculty, parents and youth for substance abuse prevention and intervention, including awareness of the dangers of fentanyl. While not an exclusive list of resources, this is a good place to start with your planning efforts.

### Texas Health and Human Services Commission (HHSC)

- **Speakers/Presentations/Referral Information:** HHSC funds **Prevention Resource Centers (PRC)** throughout the State of Texas. PRCs facilitate substance use/misuse prevention curriculum for youth and provide workshops for parents. **Some PRCs provide fentanyl awareness presentations for schools when requested.** Each center is unique. PRCs can link families with youth treatment and recovery resources. Contact your regional PRC for additional information and to request support.
  - The list of PRCs and contact information can be found here:  
<https://www.hhs.texas.gov/services/mental-health-substance-use/mental-health-substance-use-resources/prevention-resource-centers>
  - Additional **Drug Free Texas** prevention resources from the PRCs are posted here:  
<https://www.hhs.texas.gov/services/health/prevention/drug-free-texas>
- **Other Connections to Treatment:** Another place to connect families with support and services is your regional **Outreach, Screening, Assessment, and Referral (OSAR)** resource. The OSARs are funded by HHSC to help Texans confidentially address substance use/misuse and addiction. Locate your regional OSAR here to connect people with help:  
<https://www.hhs.texas.gov/services/mental-health-substance-use/mental-health-substance-use-resources/outreach-screening-assessment-referral>
- **Opioid Use/Misuse Videos:** HHSC has published a series of short videos as part of the [Texas Targeted Opioid Response \(TTOR\)](#). The harm of fentanyl is addressed in select videos. Schools may consider using a selection of videos as conversation starters in workshops with faculty, parents, or youth. Explore the videos on <https://txopioidresponse.org/> or YouTube:  
English -<https://www.youtube.com/playlist?list=PLJE6pz0haTBpVPqhOmQ4RRDmTRtrBdRFe>  
Spanish -<https://www.youtube.com/playlist?list=PLJE6pz0haTBoqhHQ22ps2CpBiOrRXLb8O>
- **Get Help: Texas Opioid Response Help Information:** Explore other mental and behavioral health resources published by HHSC. This website includes links to **information for emergencies** that can stop opioid overdose, including fentanyl. <https://txopioidresponse.org/>
- **Drug Disposal Resources for School Nurses and The Community from the University of Houston College of Pharmacy**
  - Approximately 50% of children under the age of 18 who misuse prescription pain medications obtain them from friends or family members ([National Survey for Drug Use and Health, 2013](#)).
  - Access to safe drug disposal resources removes unused medications from the home and prevents misuse and unintentional harm.

- The Prescription Drug Misuse Education and Research (PREMIER) Center at the University of Houston College of Pharmacy is working with HHSC, school districts and community groups across Texas to provide at-home drug disposal resources to help school nurses remove unused drugs from their clinics and families to dispose of unused medication in the home.
- Families in your district can pick up DEA approved, take-home, mail back drug disposal envelopes from the locations [on this map](#) to help clean out their medicine cabinets or remove substances from the home.
- In the next week, the PREMIER Center will be reaching out directly to superintendents statewide with information on how they can obtain drug disposal envelopes to help nurses in their schools and members of the community dispose of unused or unwanted medication as part of local prevention efforts.

#### **Drug Enforcement Agency (DEA)**

- **Fentanyl Awareness Information:** <https://www.dea.gov/fentanylawareness>
- **Awareness for Parents:** <https://www.getsmartaboutdrugs.gov/content/one-pill-can-kill>

#### **Centers for Disease Control (CDC)**

- **Facts About Fentanyl:** <https://www.cdc.gov/stopoverdose/fentanyl/index.html>
- **Opioid Overdose Guidance:** <https://www.cdc.gov/opioids/pdf/Overdose-Event-Response.pdf>

#### **National Institutes for Health (NIH)**

- **Facts About Fentanyl:** <https://nida.nih.gov/publications/drugfacts/fentanyl>

#### **Substance Abuse and Mental Health Services Administration (SAMHSA)**

- **Talk They Hear You- resources for schools and educators:** These resources are part of SAMHSA's campaign to train and equip student assistance teams to implement substance abuse prevention activities in schools, including addressing Opioid use/misuse with youth and families. <https://www.samhsa.gov/talk-they-hear-you/materials-school>
- **Talk They Hear You- resources for parents/caregivers:** These educational resources are for school student assistance teams to explore when preparing workshops with parents/caregivers as part of SAMHSA's **Talk They Hear You** campaign for schools. Resources include a facilitation guide, handouts, and videos. Teams may supplement with additional Fentanyl Awareness Facts.
  - [https://store.samhsa.gov/sites/default/files/SAMHSA\\_Digital\\_Download/PEP20-03-01-078.pdf](https://store.samhsa.gov/sites/default/files/SAMHSA_Digital_Download/PEP20-03-01-078.pdf)
  - <https://www.samhsa.gov/talk-they-hear-you/parent-resources>
  - <https://mailchi.mp/samhsa/parents-night-out-landing-page>

#### **US Department of Education and Department of Justice**

- **A Parent's Guide to Growing Up Drug Free:** This joint guide includes information on a variety of substances, and importantly, **how to talk with all age groups of children and youth.** Resource

links are embedded for deeper content exploration as may be helpful for awareness.

<https://www.getsmartaboutdrugs.gov/sites/getsmartaboutdrugs.com/files/publications/GrowingUpDrugFree%28Final-508%29%282017%29.pdf>

### **US Health and Human Services**

- **Tobacco/Vaping/E-Cigarette Toolkit for Working with Youth.** One of the largest risks for youth for health, safety, and discipline is vaping. Resources can be used as part of your prevention efforts. <https://digitalmedia.hhs.gov/tobacco/hosted/Vaping-ECigarettes-Youth-Toolkit.pdf>

### **Texas A&M AgriLife Extension**

- **Watch UR BAC: Alcohol and Drug Awareness Program.** Free presentations for prevention and safety are available for youth, families, and communities.
- Schools can reach out to explore what educational opportunities may be available for awareness from your local Extension Office. <https://agrilifeextension.tamu.edu/asset-local/watch-ur-bac-alcohol-and-drug-awareness>

### **Texas Education Agency**

- Explore TEA's new [Texas School Mental Health Resource Database](#). TEA and regional education service centers (ESCs) have identified many **community resources** in to support your collaboration with mental health and substance abuse prevention, treatment, and recovery services available in each region and statewide.
- Explore TEA's Substance Abuse Prevention best practices resources identified by TEA, ESCs and HHSC. These resources are updated on an ongoing basis: <https://tea.texas.gov/about-tea/other-services/mental-health/substance-abuse-prevention-and-intervention>
- Become familiar with TEA's new search tool currently in a soft launch phase to communicate vetted **mental and behavioral health best practices** for your consideration. Many of these resources can support your prevention and intervention planning efforts in schools. The TEA mental and behavioral health promotion best practices list, TEC 38.351, will transition to this tool within the next six months. <https://schoolmentalhealthtx.org/best-practices/>
- Coordinate your efforts with your Safe and Supportive Schools Program. <https://tea.texas.gov/texas-schools/health-safety-discipline/safe-and-supportive-schools>

### **Individualized Technical Assistance (TA) Is Available**

- Texas school systems and regional education service centers (ESCs) may request free technical assistance from the **Opioid Response Network** (funded by SAMHSA).
- Contact the Network to learn what TA may be helpful to support your efforts.
- You can submit a TA request on this [website](#) by clicking on the button on the upper right.